

# The Sill podcast (July 10, 2017 - Dec 31, 2025)

229 Episodes Available at this website link: <https://connectingdotsmedia.com/tsp>

Spotify: <https://open.spotify.com/show/5OaTHulheZMM162b4bKXx?si=aa03c0882b844f98>

Apple Podcasts: <https://podcasts.apple.com/ca/podcast/the-sill/id1301412432>



## The Sill - 229 Episodes - 183,327 Plays/Downloads

Podcast Series	Rank	Episode	Date	P/DL's
PH Factor	1	TSP201 - PH Factor: Surviving The Lifeline - Cutting the cord.	Apr 23, 2023	20,435
Time Trek	2	TSP144 - Time Trek: Pinocchio - A tale of two puppets.	Feb 14, 2021	10,370
PH Factor	3	TSP181 - PH Factor: We resurrect... So, you think you can podcast? You can.	Jul 17, 2022	9,168
Transcendent Tunes	4	TSP109 - Transcendent Tunes: Non, Je Ne Regret Rien - The little sparrow's anthem.	Oct 14, 2019	8,614
2024	5	TSP228 - Hernia Chronicles: Stories of Repair, Recovery, and Resilience	May 5, 2024	5,487
Host(s) Introduction	6	TSP000 - Intro: Peter & Harry, who do they think they are?	Jul 10, 2017	4,836
The Undefinable Spirit	7	TSP148 - The Undefinable Spirit: Andrew Welch - 'Our Second Chance', part 1 of 3 - Universal Basic Income.	Apr 11, 2021	3,665
The Undefinable Spirit	8	TSP149 - The Undefinable Spirit: Andrew Welch - 'Our Second Chance', part 2 of 3 - The Gift Economy.	Apr 25, 2021	3,576
The Undefinable Spirit	9	TSP150 - The Undefinable Spirit: Andrew Welch - 'Our Second Chance', part 3 of 3 - A New Dawning.	May 9, 2021	3,534
Pre-Categorization	10	TSP019 - Darkside: Hello darkness my old friend.	Nov 20, 2017	3,375
PH Factor	11	TSP188 - PH Factor: Living In Spiritual Limbo - Getting beyond the disheartened self.	Oct 23, 2022	2,738
Rewind	12	TSP214 - Do It Yourself Healing: Carrots versus chemicals. (TSP032 Revised)	Oct 22, 2023	2,638
PH Factor	13	TSP186 - PH Factor: Getting Older - Where to from here?	Sept 25, 2022	2,582
PH Factor	14	TSP187 - PH Factor: Getting Older - Rediscovering the Self.	Oct 9, 2022	2,574
PH Factor	15	TSP179 - PH Factor: Catch and Release - The Art Of Letting Go	Jun 19, 2022	2,207
2024	16	TSP224 - Shattered Cultures and Simpler Times	Mar 10, 2024	2,027
Transcendent Tunes	17	TSP099 - Transcendent Tunes: Yesterday, it was scrambled eggs.	Jun 3, 2019	2,021
Pre-Categorization	18	TSP002 - The Value Crisis: From dollars to democracy, why numbers are ruining our world.	Jul 24, 2017	1,703
Rewind	19	TSP211 - Transcendent Tunes: Hey kids, it's twinkle time. (TSP089 Revised)	Sep 10, 2023	1,599
The Undefinable Spirit	20	TSP163 - The Undefinable Spirit: John Arnone - Us and Them: Canada, Canadians and The Beatles	Nov 7, 2021	1,581
Transcendent Tunes	21	TSP080 - Transcendent Tunes: Led Zeppelin's celestial climb.	Jan 21, 2019	1,509
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The Undefinable Spirit	23	TSP147 - The Undefinable Spirit: Getting casually baked with Johanna Nuding.	Mar 28, 2021	1,396
Pre-Categorization	24	TSP020 - Black, 2 Sugars: Coffee, tea and tech.	Nov 27, 2017	1,364
Transcendent Tunes	25	TSP067 - Transcendent Tunes: Feeling those 'Good Vibrations'.	Oct 22, 2018	1,322
PH Factor	26	TSP160 - PH Factor: Where Do I End And You Begin? - My body, your health.	Sept 26, 2021	1,297
PH Factor	27	TSP127 - PH Factor: It's A DIY World - Peggy Lee's Delicious Lips.	Jun 21, 2020	1,292
2024	28	TSP222 - Relevant Voices Return	Feb 11, 2024	1,282
Pre-Categorization	29	TSP012 - Opinion: The U.S. economy will never have another Golden Age.	Oct 2, 2017	1,278
The Undefinable Spirit	30	TSP064 - The Undefinable Spirit: Dr. Claudia Six on her book, Erotic Integrity.	Oct 1, 2018	1,274
Rewind	31	TSP209 - Hagia Sophia: Church of the holy wisdom. (TSP120 Revised)	Aug 13, 2023	1,238
Planetary Postcards	32	TSP162 - Planetary Postcards: Ansgar Bittermann - Brainstorming in Berlin.	Oct 24, 2021	1,229
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The Undefinable Spirit	34	TSP170 - The Undefinable Spirit: Just Shrink Bigger - Croc E Moses on the road to home.	Feb 13, 2022	1,226
Time Trek	35	TSP199 - Time Trek: Renaissance Redux - Culture's Quantum Leap	Mar 26, 2023	1,213
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Planetary Postcards	39	TSP153 - Planetary Postcards: Pietro Noce - Bed & Bike in Southern Italy.	Jun 20, 2021	1,156
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The Undefinable Spirit	49	TSP101 - The Undefinable Spirit: Andrea Bird - Dancing on the curve of life.	Jun 24, 2019	849
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		Average Per Episode		801
		Total Downloads		183,327