

# The Sill podcast (July 10, 2017 - August 31, 2025)

229 Episodes Available at this website link: <https://connectingdotsmedia.com/tsp>

Spotify: <https://open.spotify.com/show/5OaTHulheZMM162b4bKXx?si=aa03c0882b844f98>

Apple Podcasts: <https://podcasts.apple.com/ca/podcast/the-sill/id1301412432>



## The Sill - 229 Episodes - 167,528 Plays/Downloads

Podcast Series	Rank	Episode	Date	P/DL's
PH Factor	1	TSP201 - PH Factor: Surviving The Lifeline - Cutting the cord.	Apr 23, 2023	14,740
PH Factor	2	TSP181 - PH Factor: We resurrect... So, you think you can podcast? You can.	Jul 17, 2022	8,983
Transcendent Tunes	3	TSP109 - Transcendent Tunes: Non, Je Ne Regret Rien - The little sparrow's anthem.	Oct 14, 2019	8,484
Time Trek	4	TSP144 - Time Trek: Pinocchio - A tale of two puppets.	Feb 14, 2021	5,365
2024	5	TSP228 - Hernia Chronicles: Stories of Repair, Recovery, and Resilience	May 5, 2024	4,699
Host(s) Introduction	6	TSP000 - Intro: Peter & Harry, who do they think they are?	Jul 10, 2017	4,535
Pre-Categorization	7	TSP019 - Darkside: Hello darkness my old friend.	Nov 20, 2017	3,316
The Undefinable Spirit	8	TSP148 - The Undefinable Spirit: Andrew Welch - 'Our Second Chance', part 1 of 3 - Universal Basic Income.	Apr 11, 2021	3,187
The Undefinable Spirit	9	TSP149 - The Undefinable Spirit: Andrew Welch - 'Our Second Chance', part 2 of 3 - The Gift Economy.	Apr 25, 2021	3,076
The Undefinable Spirit	10	TSP150 - The Undefinable Spirit: Andrew Welch - 'Our Second Chance', part 3 of 3 - A New Dawning.	May 9, 2021	3,052
PH Factor	11	TSP188 - PH Factor: Living In Spiritual Limbo - Getting beyond the disheartened self.	Oct 23, 2022	2,691
Rewind	12	TSP214 - Do It Yourself Healing: Carrots versus chemicals. (TSP032 Revised)	Oct 22, 2023	2,591
PH Factor	13	TSP186 - PH Factor: Getting Older - Where to from here?	Sept 25, 2022	2,535
PH Factor	14	TSP187 - PH Factor: Getting Older - Rediscovering the Self.	Oct 9, 2022	2,527
PH Factor	15	TSP179 - PH Factor: Catch and Release - The Art Of Letting Go	Jun 19, 2022	2,160
2024	16	TSP224 - Shattered Cultures and Simpler Times	Mar 10, 2024	1,980
Transcendent Tunes	17	TSP099 - Transcendent Tunes: Yesterday, it was scrambled eggs.	Jun 3, 2019	1,634
Pre-Categorization	18	TSP002 - The Value Crisis: From dollars to democracy, why numbers are ruining our world.	Jul 24, 2017	1,593
Rewind	19	TSP211 - Transcendent Tunes: Hey kids, it's twinkle time. (TSP089 Revised)	Sep 10, 2023	1,552
The Undefinable Spirit	20	TSP163 - The Undefinable Spirit: John Arnone - Us and Them: Canada, Canadians and The Beatles	Nov 7, 2021	1,531
Transcendent Tunes	21	TSP080 - Transcendent Tunes: Led Zeppelin's celestial climb.	Jan 21, 2019	1,444
Rewind	22	TSP213 - The Absence Of Silence: Is technology engulfing us in a world of noise? (TSP061 Revised)	Oct 8, 2023	1,366
The Undefinable Spirit	23	TSP147 - The Undefinable Spirit: Getting casually baked with Johanna Nuding.	Mar 28, 2021	1,348
Pre-Categorization	24	TSP020 - Black. 2 Sugars: Coffee, tea and tech.	Nov 27, 2017	1,314
Transcendent Tunes	25	TSP067 - Transcendent Tunes: Feeling those 'Good Vibrations'.	Oct 22, 2018	1,255
PH Factor	26	TSP160 - PH Factor: Where Do I End And You Begin? - My body, your health.	Sept 26, 2021	1,250
PH Factor	27	TSP127 - PH Factor: It's A DIY World - Peggy Lee's Delicious Lips.	Jun 21, 2020	1,245
2024	28	TSP222 - Relevant Voices Return	Feb 11, 2024	1,235
Pre-Categorization	29	TSP012 - Opinion: The U.S. economy will never have another Golden Age.	Oct 2, 2017	1,231
The Undefinable Spirit	30	TSP064 - The Undefinable Spirit: Dr. Claudia Six on her book, Erotic Integrity.	Oct 1, 2018	1,227
Rewind	31	TSP209 - Hagia Sophia: Church of the holy wisdom. (TSP120 Revised)	Aug 13, 2023	1,191
Pre-Categorization	32	TSP001 - Techno Zeitgeist: Inside the machine.	Jul 17, 2017	1,181
The Undefinable Spirit	33	TSP170 - The Undefinable Spirit: Just Shrink Bigger - Croc E Moses on the road to home.	Feb 13, 2022	1,179
Planetary Postcards	34	TSP162 - Planetary Postcards: Ansgar Bittermann - Brainstorming in Berlin.	Oct 24, 2021	1,172
Time Trek	35	TSP199 - Time Trek: Renaissance Redux - Culture's Quantum Leap	Mar 26, 2023	1,166
Pre-Categorization	36	TSP061 - The Absence Of Silence: Is technology engulfing us in a world of noise?	Sep 10, 2018	1,158
PH Factor	37	TSP180 - PH Factor: The Sill 2017-2022 - Oh, the changes we've seen!	Jul 4, 2022	1,153
The Undefinable Spirit	38	TSP096 - The Undefinable Spirit: Drew Marshall, a red letter agnostic theist.	May 13, 2019	1,146
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Planetary Postcards	40	TSP153 - Planetary Postcards: Pietro Noce - Bed & Bike in Southern Italy.	Jun 20, 2021	1,107
PH Factor	41	TSP100 - PH Factor: The little 'cast' that could!	Jun 10, 2019	1,105
2024	42	TSP225 - A Life of Travel: Stefania Ingresso	Mar 17, 2024	1,086
What Just Happened?	43	TSP206 - Old and Dispensable?	Jul 2, 2023	1,033
Planetary Postcards	44	TSP168 - Planetary Postcards: Erato Alakiozidou - Classically Grooving in Greece	Jan 16, 2022	986
Planetary Postcards	45	TSP156 - Planetary Postcards: Bongwiwe Dlamini - Eswatini in Africa	Aug 1, 2021	966
Planetary Postcards	46	TSP175 - Planetary Postcards: Paul Denhoed - Talking Washi In Tokyo	Apr 24, 2022	950
Rewind	47	TSP210 - The Undefinable Spirit: The bassoon takes a bow, with Nadina Mackie. (TSP086 Revised)	Aug 27, 2023	928
The Undefinable Spirit	48	TSP081 - The Undefinable Spirit: Re-imagining Architecture with Robert Arnone.	Jan 28, 2019	848
The Undefinable Spirit	49	TSP199 - The Undefinable Spirit: Andrea Bird - Dancing on the curve of life.	Jun 24, 2019	839
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PH Factor	61	TSP185 - PH Factor: The Confucius Way - K.I.S.S. realized.	Sept 11, 2022	633
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Average Per Episode				732
Total Downloads				167,528